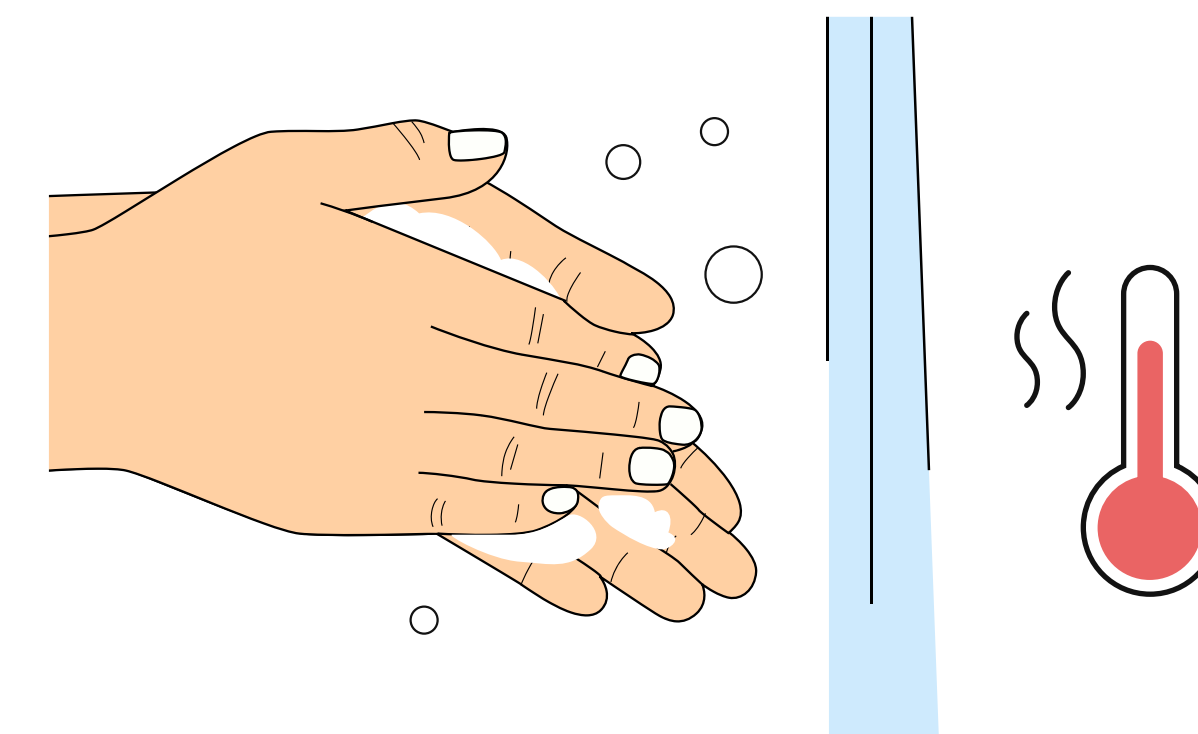


1

Get started

Thank you for your purchase! This card will guide you through the registration and kit identification process.

! WARNING: Only open the aluminium foil pouch containing the collection device after reading the instructions and when you are prepared to take the test in the morning. Ensure you fast for approximately 8 hours before testing.



1 Remove the barcode and attach it to the back of your HemaSpot blood collection device to ensure your sample is properly identified in the lab

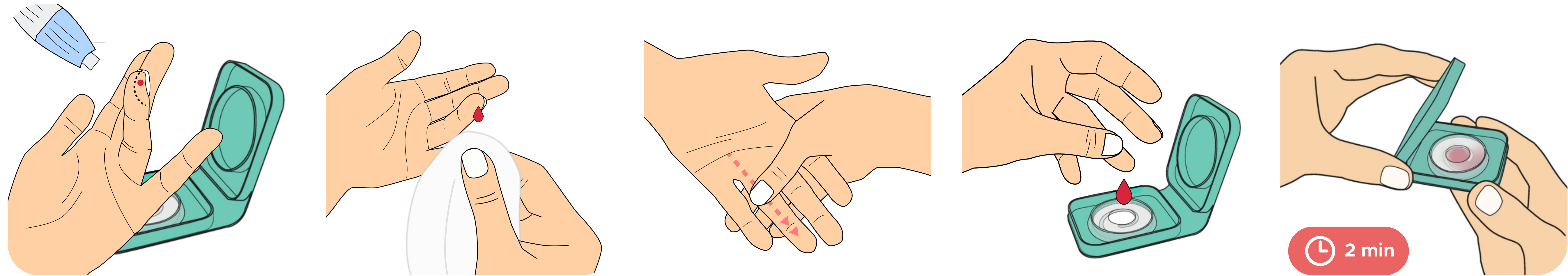
2 Visit results.biostarks.com to register your kit using the ID code from the sticker in the previous step. Ensure the ID matches exactly on the registration screen

3 Continue following the instructions on this card (or online) to complete the sample collection and return process. Next, prepare by laying out all kit items on a clean, dry surface

4 Get ready for collection by washing your hands with soap and warm water for 1-2 minutes to improve blood flow, disinfect your finger with the provided alcohol pad then proceed to the collection step

2 Collect your sample

If you have multiple Hemaspot in our test-kit, please fill all of them in an identical manner.



5 Prick the side of the ring finger on your non-dominant hand, as shown in the image above

6 Wipe away the first drop of blood with the provided gauze pad

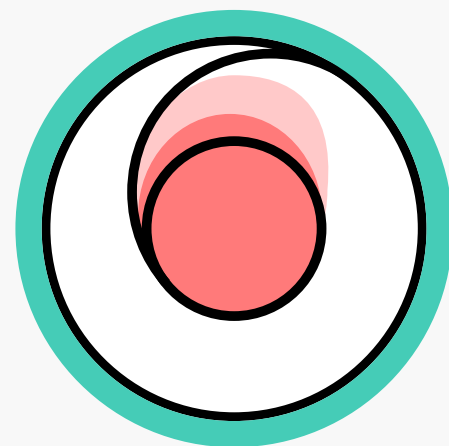
7 If needed, gently massage your finger from base to tip to encourage blood flow

8 Without touching its surface, let **4-5 drops** of blood fall in the centre of the collection device, as shown in the visual guide

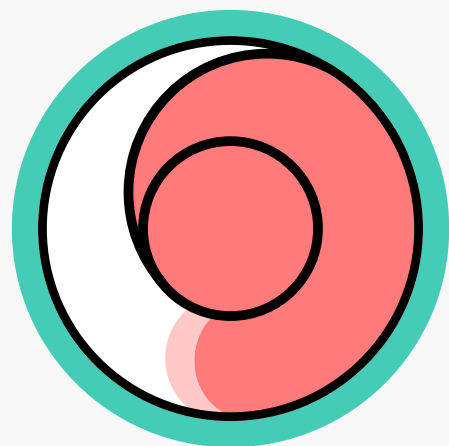
9 Wait for 2 min. before closing the device, let it rest for 15 min on a flat surface. Return your sample on results.biostarks.com

Collection

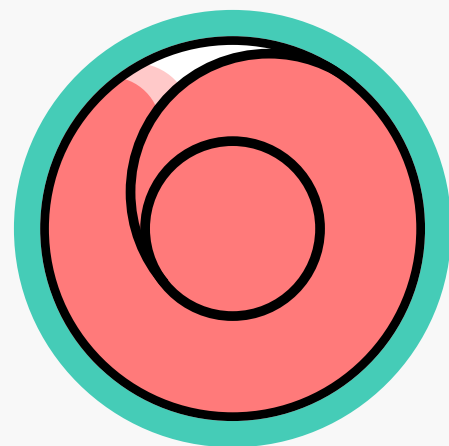
Sample must expand beyond the inner circle to allow proper extraction



Not good
Quantity is not sufficient to allow sample analysis



Good!
Proper collection



Not good
Overloaded sample cannot be analysed